

YMCA of Vincennes • Good Samaritan Hospital • Vincennes Park & Recreation

Ages & Categories:

Iron (Ages 10-15):

- Start time: 8AM; Check-in: 7AM
- 150m swim, \approx 4 mile bike (6 laps), 1 mile run (2 laps)

Sprint (Ages 12 and under):

- Start time: 9AM: Check-in: 8AM
- 50m swim, \approx 2 mile bike (3 laps), 1/2 mile run (1 lap)

Family (Ages 3-15):

- Start time: 10AM; Check-in: 9AM
- 25m swim, 1/2 mile bike, 1/4 mile run
- Parent/quardian participation required

Fees:

- \$20 per child
- \$15 each additional sibling

FINANCIAL ASSISTANCE AVAILABLE

ENTRY FEES WILL NOT BE REFUNDED IN THE EVENT OF CANCELLATION.

Saturday, July 25, 2015 **Gregg Park**

Orientation:

Saturday, July 18 at 9AM Rainbow Beach, Gregg Park

To Register:

- Stop by the Y, or mail form and payment to: YMCA, 2010 College Ave, Vincennes, IN 47591
- www.vincennesymca.org Online:
- **Deadline:** Monday, July 20

Questions? Contact:

Bill Davis at 812.895.9622 ext. 21 or bdavis@vincennesymca.org







YMCA OF VINCENNES

Name Address T-shirt Size AS AM AL YL YS YΜ E-mail Birthdate (MM/DD/YY) Sex

Waiver: In consideration of my participation in Kids Triathlon, I do hereby agree to hold free from any and all liability the YMCA of Vincennes and all parties involved in the event, do hereby for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages or injuries which I may have or which may hereafter accrue to me arising out of or connect with my participation in any of the activities of the YMCA of Vincennes. I hereby do declare myself or my child to be physically sound to participate in this event.

Division

Signature of parent or guardian

Date Date

Phone

Age on Race Day

Emergency Contact

Signature

Phone